

"Bimbadeen"
Disability Friendly Holiday Accommodation
7 Imlay Street Merimbula
New South Wales.



Bimbadeen is an Australian Aboriginal word that means beautiful views.

Bimbadeen is the culmination of a three year project to renovate a house using the principals of Universal Design to provide living accommodation for my partner Desireé and I, and also short term holiday accommodation for people with disabilities and their carers.

Early in April 2006 Desireé suffered a significant stroke while on holidays interstate. Years on, she is still in full time rehabilitation. Together we face a lengthy period of her being confined to a wheel chair.

We lived and worked in Sydney Australia and were fortunate enough to own a duplex house in Merimbula on the far south coast of New South Wales. We have now renovated this property so that not only is it friendly to Desireé and I but also provides an easy living holiday venue for those families that have similar disability access issues.

Bimbadeen – Disability Friendly Holiday Accommodation.

What Makes Bimbadeen Different?

During the first 12 months caring for Desireé I learned how difficult it was to access many facilities with a wheelchair. Narrow doorways, steps, even ramps became obstacles to access. I knew we could design a house where a person with disabilities and their carer could stay without having to stress or compromise.

So our journey began. We engaged Australia's leading disability access architect, Harry Sprintz, and began to plan a house and holiday unit that would provide a comfortable environment for people with disabilities and their carers. We knew that this would not be a quick or inexpensive project. With the help of some of Australia's leading building material companies we have been able to build a first class facility without having to compromise. Here are some of the things that make Bimbadeen different.



Easy Access

The driveway is wide and level making the loading and unloading of wheelchairs a breeze. There are no sills in doorways and no changes of level within the unit. Every room has ample circulation space.

Wet Area Flooring - Altro Flooring

Flooring in all of the wet areas is Altro slip resistant vinyl. This is laid so that it comes up the walls 200mm to form a skirting. What this means is that there are no corners to collect dust and dirt. But more importantly the surface is incredibly slip resistant reducing the potential for falls in wet areas.

Rails, Grab Bars and Fittings – Bradley Australia

All of the bathrooms and showers are fitted with stainless steel grab rails and bars supplied by Bradley Australia. We also took the opportunity to install stainless steel soap dispensers and paper towel dispensers in all wet areas.

Heated Towel Rails – Skope

I know from first hand experience that showering a person with a physical disability can consume what seems like hundreds of towels. We have installed heated ladder towel rails that will fit up to 6 full size towels and keep them warm and dry.

Shower Drains - Stormtech

Now you might think that shower drains are not that important. Tell this to someone who has tried to place a shower chair without wobbling. Stormtech make a gutter drain that is used in the shower. What this means is that the floors of the shower can be made with the fall in one direction rather than two. Voila the shower chair stays stable.

Taps & Showers – Dorf Australia

The extra large shower is fitted with dual head, hand and rail systems. All of the taps are one hand operated mixing systems. No more struggling to get in and out of shower cubicles.



General Floors - Style Plantation

Flooring throughout the house is made of compressed bamboo. This is a fully sustainable, allergy free product. It is incredibly hard and has very good slip resistance. It also make maneuvering a wheel chair very easy.



Kitchen & Laundry Appliances - Miele

All of the appliances throughout the project are supplied by Miele. They have been chosen for their ease of use by people with disabilities. Most of the controls are either push button or rotating knobs. Operation is simple and intuitive. Appliances are mounted at a level that enables them to be used from wheelchair height without stress. We have used the principal that "stuff must come to you not you go to the stuff". The use of drawers, pull out pantries and special fittings is extensive.



Bathroom Fixtures - Caroma

The fixtures and fittings in the bathrooms are chosen from the Caroma range of fittings. These have been chosen so that they can accommodate commode chairs and enable wheel chairs easy access.

Internal Doors - Eurotec Doors

The internal doors are made by a German firm. They come complete with the door frames, so are easy to fit at the building phase. All of the doors are extra wide so that they can accommodate wheel chair access. The main benefit however is that they offer a high degree of sound proofing. We have chosen the solid core range for the noise proofing we

need. They also come with a finish called CPL which is really tough and will withstand a beating by wheel chairs.



Solar Hot Water - Apricus

Apricus is an Australian-Chinese company that has developed highly efficient solar hot water systems that use vacuum tube technology. Unlike other solar hot water systems the tanks are located on the ground rather than the roof.

Solar Power - BP Solar

We have installed six solar voltaic panels on the roof. These panels generate on average 5kwh of power each day that we feed back into the State power grid. Doing our bit for global warming.

Water Storage

The house design incorporates a 5,000 litre water tank. This is connected to the bathrooms, laundry and used for the garden. This has two advantages. It manages storm water runoff and makes the house almost self sustainable in terms of water usage.

Power Points - Eubiq

You might not think much about power points in every day life. However when you realise that falls are one of the most common household accidents, and that a lot of falls around the home are caused by trailing power cords, you think a bit harder. Eubiq have developed a system of power tracks. What this means is that with the installation of Eubiq power tracks throughout the project you can virtually eliminate extension cords and power boards. This leads to less potential for falls. This must be a good thing.

Plasterboard - Boral Plasterboard Products

Again you normally don't think too much about plasterboard. That is unless you live with someone who uses a wheel chair. Invariably these little accidents happen that damage the walls. Boral has developed a product call ImpactSTOP. This board is 13mm in thickness, rather than the normal 10mm and is reinforced with fibreglass mesh so that it can withstand some tough treatment. This product is used in all of the high traffic areas.

Paint & Stain – Dulux

Throughout the project we have used a product from Dulux called Suede Effects. It has a suede like finish and when you put a coat of Matt Clear Coat over the top the surface is very robust. It can take the occasional knock from a wheelchair and still look great.



Bimbadeen – Beautiful Views - So what about the views?

Bimbadeen has been designed to take advantage of the 270 degree views we have of the ocean, back lake and mountains. There is an abundance of birdlife and the occasional wallaby that visits our back yard. Bimbadeen is a truly relaxing environment.



Bimbadeen – Disability Friendly Holiday Accommodation.

It's time to take a break and relax.

Bimbadeen is now available for short term holiday rental.
We have tried to supply as much on site as possible so all you need to do is unpack and relax.

- Fully equipped kitchen.
- Crockery, cutlery and glassware.
- Washer, dryer and ironing equipment.
- Commode/shower chair.
- Electric lifter available on request.
- Electric lift chair.
- Water proof mattress protectors.
- Pure wool underlays.
- Egyptian cotton sheets.
- TV & DVD

Contact us for availability.

Alex Cochran & Desiree Parker
Bimbadeen
7 Imlay Street
Merimbula New South Wales
Australia 2548.

Phone: 02-6495 4135 **Mobile:** 0419 019 469 **Email:** alex@alexcochran.com.au

Bimbadeen Disability Friendly Accommodation Rates

april 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 mar.	30	31	1	2	3	4
\$220	\$220	\$220	\$220	\$220	\$220	\$220
					Vic School	Vic School
5	6	7	8	9	10	11
\$250	\$250	\$250	\$250	\$250	\$250	\$250
Vic School	Vic School	Vic School	Vic School	Vic School	NSW School Vic School Good Friday	NSW School Vic School
12	13	14	15	16	17	18
\$250	\$250	\$250	\$250	\$250	\$250	\$250
NSW School Vic School	NSW School Vic School Easter Monday	NSW School Vic School	NSW School Vic School	NSW School Vic School	NSW School Vic School	NSW School Vic School
19	20	21	22	23	24	25
\$250	\$250	\$250	\$250	\$250	\$250	\$250
NSW School Vic School	NSW School	NSW School	NSW School	NSW School	NSW School	NSW School Anzac Day
26	27	28	29	30	1 may	2
\$200	\$200	\$200	\$200	\$200	\$200	\$200
NSW School	NSW School					

notes:

Minimum stay 2 nights. All prices are per night and include GST.

10% discount for stays of 5 nights or more.

Call us for stand-by deals.

**Bimbadeen
Disability Friendly Accomodation Rates**

may 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 apr.	27	28	29	30	1	2
\$200	\$200	\$200	\$200	\$200	\$200	\$200
3	4	5	6	7	8	9
\$200	\$200	\$200	\$200	\$200	\$200	\$200
10	11	12	13	14	15	16
\$200	\$200	\$200	\$200	\$200	\$200	\$200
17	18	19	20	21	22	23
\$200	\$200	\$200	\$200	\$200	\$200	\$200
24	25	26	27	28	29	30
\$200	\$200	\$200	\$200	\$200	\$200	\$200
31	1 Jun.	2	3	4	5	6
<p>notes:</p> <p>Minimum stay 2 nights. All prices are per night and include GST.</p> <p>10% discount for stays of 5 nights or more.</p> <p>Call us for stand-by deals.</p>						

Bimbadeen Disability Friendly Accomodation Rates

june 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
\$220	\$220	\$220	\$220	\$220	\$220	\$220
					Jazz Festival	Jazz Festival
7	8	9	10	11	12	13
\$220	\$220	\$220	\$220	\$220	\$220	\$220
Jazz Festival	Jazz Festival Queens Birthday					
14	15	16	17	18	19	20
\$200	\$200	\$200	\$200	\$200	\$200	\$200
21	22	23	24	25	26	27
\$200	\$200	\$200	\$200	\$200	\$200	\$220
						Vic School
28	29	30	1 jul.	2	3	4
\$220	\$220	\$220	\$220	\$220	\$220	\$220
Vic School	Vic School	Vic School	Vic School	Vic School	Vic School	Vic School

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Bimbadeen Disability Friendly Accommodation Rates

july 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 jun.	29	30	1	2	3	4
\$220	\$220	\$220	\$220	\$220	\$220	\$220
Vic School	Vic School	Vic School	Vic School	Vic School	Vic School	Vic School
5	6	7	8	9	10	11
\$220	\$220	\$220	\$220	\$220	\$220	\$220
Vic School	Vic School	Vic School	Vic School	Vic School	Vic School	NSW School Vic School
12	13	14	15	16	17	18
\$220	\$220	\$220	\$220	\$220	\$220	\$220
NSW School	NSW School	NSW School	NSW School	NSW School	NSW School	NSW School
19	20	21	22	23	24	25
\$220	\$220	\$220	\$220	\$220	\$220	\$220
NSW School	NSW School	NSW School	NSW School	NSW School	NSW School	NSW School
26	27	28	29	30	31	1 aug.
\$200	\$200	\$200	\$200	\$200	\$200	\$200

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**Bimbadeen
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august 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 jul. \$200	27 \$200	28 \$200	29 \$200	30 \$200	31 \$200	1 \$200
2 \$200	3 NSW Bank Holiday	4 \$200	5 \$200	6 \$200	7 \$200	8 \$200
9 \$200	10 \$200	11 \$200	12 \$200	13 \$200	14 \$200	15 \$200
16 \$200	17 \$200	18 \$200	19 \$200	20 \$200	21 \$200	22 \$200
23 \$200	24 \$200	25 \$200	26 \$200	27 \$200	28 \$200	29 \$200
30 \$200	31 \$200	1 sep. \$200	2 \$200	3 \$200	4 \$200	5 \$200
<p>notes:</p> <p>Minimum stay 2 nights. All prices are per night and include GST.</p> <p>10% discount for stays of 5 nights or more.</p> <p>Call us for stand-by deals.</p>						

**Bimbadeen
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september 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 aug.	31	1	2	3	4	5
\$200	\$200	\$200	\$200	\$200	\$200	\$200
6	7	8	9	10	11	12
\$200	\$200	\$200	\$200	\$200	\$200	\$200
13	14	15	16	17	18	19
\$200	\$200	\$200	\$200	\$200	\$200	\$200 Vic School
20	21	22	23	24	25	26
\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School
27	28	29	30	1 oct.	2	3
\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School

notes:

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october 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 sep.	28	29	30	1	2	3
\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School	\$250 Vic School
4	5	6	7	8	9	10
\$250 NSW School	\$250 NSW School NSW Labour Day	\$250 NSW School	\$250 NSW School	\$250 NSW School	\$250 NSW School	\$250 NSW School
11	12	13	14	15	16	17
\$250 NSW School	\$250 NSW School	\$250 NSW School	\$250 NSW School	\$250 NSW School	\$250 NSW School	\$250 NSW School
18	19	20	21	22	23	24
\$200	\$200	\$200	\$200	\$200	\$200	\$200
25	26	27	28	29	30	31
\$200	\$200	\$200	\$200	\$200	\$200	\$200

notes:

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november 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
\$250	\$250	\$250 ACT Family Day Melbourne Cup	\$250	\$250	\$250	\$250
8	9	10	11	12	13	14
\$220	\$220	\$220	\$220	\$220	\$220	\$220
15	16	17	18	19	20	21
\$220	\$220	\$220	\$220	\$220	\$220	\$220
22	23	24	25	26	27	28
\$220	\$220	\$220	\$220	\$220	\$220	\$220
29	30	1 dec.	2	3	4	5
\$220	\$220	\$220	\$220	\$220	\$220	\$220

notes:

Minimum stay 2 nights. All prices are per night and include GST.

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december 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 nov.	30	1	2	3	4	5
\$250	\$250	\$250	\$250	\$250	\$250	\$250
6	7	8	9	10	11	12
\$250	\$250	\$250	\$250	\$250	\$250	\$250
13	14	15	16	17	18	19
\$250	\$250	\$250	\$250	\$250	\$250 Vic School	\$250 Vic School
20	21	22	23	24	25	26
\$350	\$350	\$350	\$350	\$350	\$350	\$350
NSW School	NSW School	NSW School	NSW School	NSW School	NSW School	NSW School
Vic School	Vic School	Vic School	Vic School	Vic School	Vic School Xmas day	Vic School Boxing Day
27	28	29	30	31	1 jan.	2
\$350	\$350	\$350	\$350	\$350	\$350	\$350
NSW School	NSW School	NSW School	NSW School	NSW School	NSW School	NSW School
Vic School	Vic School	Vic School	Vic School	Vic School	Vic School	Vic School

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